

## [DRUGS TO LOWER CHOLESTEROL](#)



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Cholesterol lowering drugs are often prescribed when LDL levels remain high after successfully following a cholesterol-lowering diet for at least 6-12 months. Some people may start drug therapy at the beginning of treatment because of very high LDL levels, or due to the presence of heart disease.

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### **Cheap Drug Alternatives to Lower Your Cholesterol**

Cholesterol drugs can strain your budget. Brand-name statins like Crestor (rosuvastatin) can sell for more than \$100 a month. But most drugs in the statin family come in cheaper, generic forms, and it may be beneficial to switch.

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There are good reasons to lower your cholesterol without statin drugs and use a natural approach. There are more doctors today questioning whether the benefits of statin drugs are worth the risks.

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### **How to Lower Cholesterol MedlinePlus**

Medicines to lower cholesterol. For some people, making lifestyle changes alone does not their lower cholesterol enough. They may also need to take medicines. There are several types of cholesterol-lowering drugs available. They work in different ways and can have different side effects. Talk to your health care provider about which medicine is right for you. Even if you take medicines to lower your cholesterol, you still need to continue with lifestyle changes.

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### **6 Ways to Lower Your Cholesterol Without Drugs Newsmax com**

There is a raging controversy about the role of cholesterol in the diet and in the blood. Some scientists say that dietary cholesterol - without gorging on saturated and trans fat - doesn't increase cholesterol levels in the blood. However the reverse is also true.

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